

FIGURE 1—LEVEL C6 SENSATION DIAGRAM

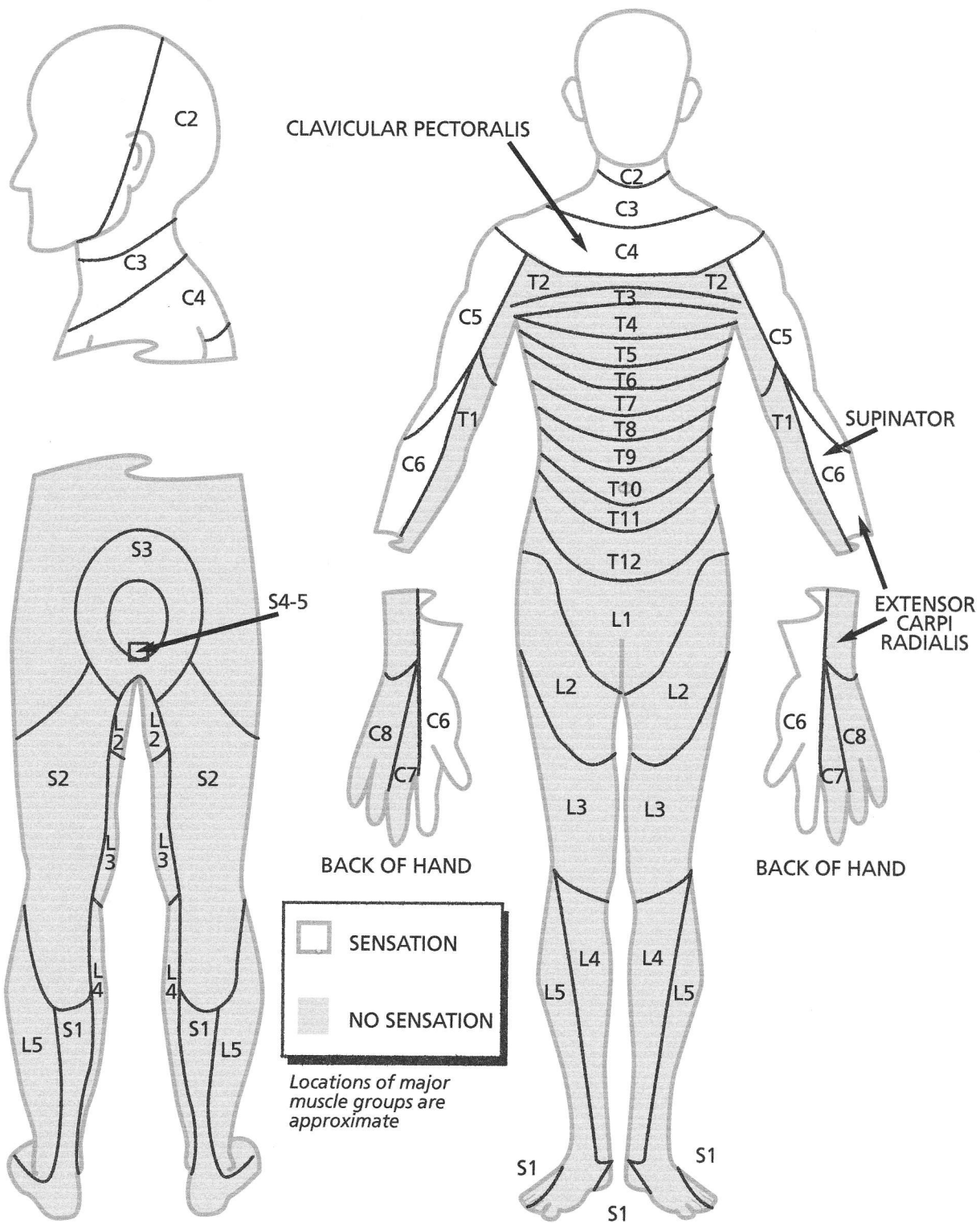


TABLE 1.

Expected Outcomes—Level C6 Complete Spinal Cord Injury

ASSISTANCE TYPE:
 I=Independent
 S=Some Assist
 T=Total Assist

Name: _____ Date: _____
 Individual Goals recommended by: _____

Activity	Assistance Type	Equipment*/Comments	Individual Goals
Breathing	I	-May require assistance to clear secretions	
Eating	I/S	-Adaptive devices may be needed: -U-cuff -Tenodesis splint -Adapted utensils and plate guard	
Bathroom Functions: -Bowel care -Bladder care	S/T S/T	-Padded tub bench with commode cutout or padded shower/commode chair -Other adaptive devices as needed -May be independent with leg bag emptying	
Personal care: -Dressing	I I/S	Dressing: -Upper extremities -Lower extremities -Adaptive devices as needed	
-Grooming	I/S	Grooming: -Adaptive devices as needed, e.g., U-cuff, adapted handles	
-Bathing	I I/S	Bathing: -Upper extremities -Lower extremities -Padded tub transfer bench or shower/commode chair -Handheld shower -Adaptive devices as needed	

*Use the Equipment Diary on Page 15 to keep track.

<p>Positioning/Pressure Relief</p>	<p>I I/S</p>	<p>Wheelchair: -Power recline -Pressure-relief cushion -Postural support devices Bed: -Pressure-relief mattress (may be needed)</p>	
<p>Mobility: -Bed -Transfers -Wheelchair use -Standing -Transportation</p>	<p>S I/S/T I I/S/T I/S I</p>	<p>Bed: -Full electric hospital bed with side rails or full to king standard bed Transfers: -Transfer board -Power or mechanical lift Wheelchair use: -Power: May require power recline or standard upright power wheelchair -Manual: Lightweight rigid or folding frame with modified rims (assistance depends on terrain) Standing: -Standing frame Transportation: -Modified van with lift -Sensitized hand controls -Tie-downs</p>	
<p>Communication</p>	<p>I</p>	<p>-Adaptive devices as needed -Tenodesis splint -Writing splint for keyboard use, button pushing, page turning, object manipulation</p>	
<p>Homemaking</p>	<p>S/T</p>	<p>-Adaptive devices as needed</p>	